

NATIVITY OF THE BLESSED VIRGIN ORTHODOX CHURCH

UKRAINIAN ORTHODOX CHURCH OF THE USA

416 Delmore Avenue • South Plainfield, New Jersey 07080

Phone: 908-400-7099 Church Hall: 908-561-6366

Website: www.nbvoc.orthodoxws.com

Pastor: Rev. Fr. Vasyl Pasakas

23 May 2021

4th Sunday of Pascha – Sunday of the Paralytic

St. Michael the Confessor, Bishop of Synnada

Venerable Paisii, Abbot of Galich

Martyr Michael the “Black-robed” of St. Savva Monastery

Epistle: Acts 9:32-42

Tone: Pentecostarion

Gospel: John 5:1-5

Reader: Mike Ratai

Christ is Risen! Indeed He is Risen!

UPCOMING FEASTS:

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| Sun., May 30 | 5 th Sunday of Pascha – Sunday of the Samaritan Woman 9:30 a.m. Divine Liturgy & Anointing of the Sick |
| Sun., June 6 | 6 th Sunday of Pascha – Sunday of the Blind Man 9:30 a.m. Divine Liturgy |
| Wed., June 9 | Leavetaking of Pascha / Forefeast of the Ascension |
| Thurs., June 10 | Ascension |
| Sun., June 13 | Fathers of the 1 st Ecumenical Council / Afterfeast of the Ascension 9:30 a.m. Divine Liturgy |

NO KNEELING in church from Pascha until Pentecost Sunday because of the joy of the Paschal Season. We will be singing “Khrystos Voskres” / “Christ is Risen” for 40 days.

READER’S LIST: Andy Olear (5/30), Andrei Marinich (6/6), Mike Ratai (6/13_

MAY BIRTHDAYS: Patrick Marinich (25), Anita Anderson (31)

ALL SAINTS CAMP SUMMER PROGRAMS: Registration is open for the 2021 summer camp programs. Registration and more information can be found of uoc youth.org

- Virtual Week for DCSC (ages 9 -13) and TC (ages 13-18) - June 28 - July 2
- Diocesan Church School Camp – July 5 – 9 – Youth ages 10 - 13
- Teenage Conference – July 11 – 16 – Youth ages 14 – 18
- Mommy & Me/Daddy & Me – August 8 -11 – children ages 4 -9 and parents(family)
- St. Nicholas Program - August 13 -16 – Special Needs Family Camp all ages
- Family Fest – September 3 -6 – All ages of faithful

SUPPORT THE MINISTRIES OF THE CHURCH: For a \$50 donation, you can support one of three ministries supporting the elderly, the disabled and the orphans. Each \$50 donation earmarked to one of the three projects will receive a mug. To donate, visit the UOC of USA website (and select which area you wish to support).

ONLINE MORNING AND EVENING PRAYERS WITH THE SEMINARIANS: Join the Seminarians of St. Sophia Seminary every day for live-streamed services on the Seminary Facebook Page (<https://www.facebook.com/stsuots>)

Morning Prayers at 7 AM

Evening Prayers at 9 PM

SUPPORT YOUR PARISH! Support your parish financially by utilizing the HELP and/or BUILDING FUND envelopes in your weekly donations. Donations can be earmarked to cover the cost of summer maintenance and grass cutting.

COFFEE HOUR: Please sign up for a future coffee hour after Divine Liturgy. Please keep in mind social distancing and safe food handling while enjoying coffee hour with fellow parishioners.

HOLY COMMUNION: Please remember that Holy Communion is only offered to Orthodox Christians who have prepared themselves through prayer, fasting and sincere repentance of their sins (Holy Confession). Everyone is invited to partake of the “prosfora/antidoron” (blessed bread) which is a reminder of the “agape feast” that followed worship in the early Church at the conclusion of Divine Liturgy.

PLEASE KEEP IN YOUR PRAYERS: Fr. Stephen, Fr. Oleh, Fr. George, Fr. James, Fr. Raphael, Protodeacon Michael, Pani Mary Ann, Kathie Thomas, Natalia, Nagy, Anna, Emil, Andy Olear, Ludmyla, Ivan, Penelope, Maryann, Tom, Metro, Peggy, Amy, Julia, Edward and Victor.

If you or your loved ones are sick or in the hospital, please let Fr. Vasyl know.

PRAYER SERVICE FOR CHILDREN & PARENTS: Every Monday at 7 pm at St. Andrew's Memorial Church.

YOUTH MINISTRY SURVEY: Please go online and complete the survey published by the Office of Youth Ministry and Consistory of the UOC of USA regarding. Please select and complete the appropriate survey for your position in the parish community and age of the children completing the survey.

UOC of USA WASHABLE FACE MASKS are sold at the Consistory Bookstore or Online in 2 colors (black or white). \$10 each. Support the Church and stay safe at the

ST. SOPHIA SEMINARY FUNDRAISER: Several items are available for purchase on the UOC of USA on-line bookstore or in person at the Consistory.

- Water bottles: \$10 / Aprons: \$20 / Polos: \$28 / Sweatshirts: \$35

UKRAINIAN HISTORY & EDUCATION CENTER VIRTUAL WORKSHOPS ongoing in 2021. Online registration required for the free programs by visiting "Calendar" at ukrhec.org.

- Stories from Storage: highlights from the Permanent Collection and Archives
- Nashi Predky@Home: Wednesday office hours and help in researching genealogy
- Crafts for Kids with the UHEC: Monthly online workshops for school aged kids based on exhibits and items from collection
- Folk Art Workshops for Adults: monthly online workshops & lectures

MISSED A SERVICE? You can watch all the previously recorded services on the YouTube Page of the UOC of USA. Also, all services have been posted on the NBVOC webpage.

SERVICE PROJECTS: Our parish community is supporting the following institutions. Please consider supporting them by donating the following items:

- South Plainfield Food Pantry: canned goods and/or prepared canned meals
- Ronald McDonald House (Red Bank): soda can pop tabs and cat food tabs

HOLY CONFESSION: A sacrament of Holy Confession is as important as a sacrament of Holy Communion. Both of them need to be practiced as often as possible. We pray that we may not receive Holy Communion unworthily or unto condemnation. Holy Confession makes us to be worthy. If you would like to participate in the sacrament of Confession, please let Fr. Vasyl know either before or after the services.

PROPER TIMES TO CROSS YOURSELF

- when you hear the words "Father, Son, and Holy Spirit"
- when you are blessed with the Holy Gospel, the Chalice and the Cross
- before and after the Gospel reading
- when venerating the Holy Gospel, the Cross or Icons
- You should NOT cross yourself when blessed by a priest with his hand – just bow. Also, you should not cross yourself when receiving Communion; the movement of your hand may hit the chalice or spoon that the priest is holding.

Examples of Everyday Orthodox Christian Salutations

Christ is Among Us!
Glory to Jesus Christ!

He is and always shall be!
Glory forever!